



LEWIS AND CLARK CHAPTER
TRI-CITIES, WASHINGTON



COLUMBIA VOYAGER

<http://www.TriCitiesMOAA.org>

chapter@TriCitiesMOAA.org

January 2023

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Photography by an Expert



The January meeting will feature local professional photographer John Clement. He began his career in photography in the mid 1970s. His professionalism has been recognized by both Professional Photographer of Washington and Oregon, and the Professional Photographers of America. He has received over 60 regional, national, and international awards for pictorial and commercial work.

John's photography has been exhibited in numerous galleries and art shows over the past 40 years. His work is on sale at Kiona Winery in Benton City and at the Allied Arts Gallery in Richland. He regularly has a booth at Richland's annual Art in the Park festival.

Four of his prints were accepted into the Washington State University Museum of Art in 1989. John has 17 murals of the Eastern Washington Area installed in CenturyLink Field - home of the Seattle Seahawks and Sounders. He has had multiple purchases by corporations for display in their facilities.

Presently, he has nine prints in the Professional Photographers of America permanent loan collection. One print, "Red Dawn," was named one of the top photographs in the United States and was hung in the permanent collection of the International Hall of Fame of Photography.

We will return to a dinner meeting at Clover Island Inn. Please get your reservations to Bob Allen by Thursday, January 12.

Dues

We haven't collected dues for the last 2 years, but with the end of the lockdown and restart of meetings, it's time. Dues are \$25, unchanged since 2014, what a deal! Send your dues to

Paul Seipt
381 Clovernook St
Richland WA 99352

Make your check out to "L&C Chapter." Better yet, bring it to the January meeting.

Hq/MOAA sends . . .

Starting Jan. 1, TRICARE Beneficiaries Must Reconfirm Mail Order Refills

Beginning in January, Tricare will require patients using its mail order pharmacy to confirm that they want their prescriptions refilled, rather than sending them automatically.

Express Scripts, Tricare's pharmacy benefits manager, began notifying patients the week of Dec. 5 of the pending change. According to the email, Tricare Mail Order Pharmacy users will receive a notification via email or text when their prescription is up for a refill and must log in to confirm the request. Once authorized, Express Scripts will send the medication.

If a beneficiary turns down a refill or does not respond, the prescription will be removed from the automatic refill program, but Express Scripts will continue sending reminder notifications until the prescription expires, according to Defense Health Agency spokesman Peter Graves.

Graves said the DHA directed Express Scripts to institute the approval system to "ensure Tricare

beneficiaries are receiving refills on medication when needed and to prevent excess waste."

The DHA spent \$7.4 billion on the Tricare drug program in 2021, including \$3.2 billion on mail order medications, \$1.5 billion at military pharmacies and \$2.7 billion in retail stores. A decade ago, the DoD spent nearly \$7 billion on the program, but mail order prescriptions made up just 20% of that cost.

Prescription copayments for medications through Tricare will

remain the same in 2023. Tricare beneficiaries who use the mail order system will pay \$12 for a generic drug, \$34 for a brand-name drug and \$68 for a non-formulary medication for a 90-day prescription.

Copayments for a 30-day prescription at a retail pharmacy will remain at \$14 for a generic, \$38 for a brand name and \$68 for a specialty medication not in Tricare's formulary.

Dr. Rod Coler



As the newsletter goes to press, Dr. Rod Coler is gravely ill. Our 96-year-old honorary member was a corporal in WW II. In the photo, he is receiving a long-overdue WW II victory medal. Dr. Coler was made an honorary chapter member after he hosted our December 2013 Christmas Party at his home overlooking the Columbia River. Our thoughts are with him and his family. I will email the Chapter with any updates.

Clover Island Inn
Clover Island
Kennewick

Social hour: 6:30
Dinner: 7:00
\$30 per person

*A reservation made
is a reservation paid*

January Meeting

Tuesday, Jan 17

Reservations by
Thursday Jan 12 to
Bob Allen
(509) 554-6992 voice or text
moaa.tricity@charter.net

Menu

Pork Loin
with Apple Stuffing
Baby Red Potatoes
Steamed Vegetable Medley
Tossed Salad
Pasta Salad
Warm Rolls & Butter
Chef choice dessert
Coffee, Decaf, Tea, Milk